### CanPath COVID-19 QUESTIONNAIRE (V10.5) - Core Questions

Thank you for completing this questionnaire! As the recent COVID-19 pandemic continues to affect all of our lives, we are seeking your help to better understand how COVID-19 has affected your current health and lifestyle.

You will have <u>SIX WEEKS</u> to complete this questionnaire. You do not need to finish this questionnaire all at once. You may pause, save your progress and return to it at a later time. To regain access, please go back to the email invitation and follow the link provided.

This questionnaire is designed to assess the impact that COVID-19 may have had on your health, both physical and mental, to ask about the known risk factors for COVID-19, and to learn about how the pandemic affected other parts of your life, such as your social support network and employment status.

### Even if you have <u>NOT</u> experienced COVID-19 symptoms or have been diagnosed with COVID-19, please take the questionnaire as your answers are still valuable to health researchers.

Please avoid using your browser's back button. Forward and back buttons have been provided within the questionnaire.

Before starting this questionnaire, please gather a tape measure and a bathroom scale as we will be asking you for some body measurements at the end.

### **DEMOGRAPHIC INFORMATION**

DE01. How old are you? C\_SDC\_AGE \_\_\_\_\_years

DE02. What was your sex at birth? C\_SDC\_SEX 0 Male 1 Female

The next few questions ask about sex and gender. Both biological and social differences between women and men contribute to differences in their health. Sex (biological attributes) and gender (socio-cultural factors) can influence things like our risk of developing certain diseases, response to medical treatments, and how often we seek health care.

### DE03. Which best describes your current gender identity?

C\_SDC\_GENDER 0 Male 1 Female 2 Indigenous or other cultural gender minority (e.g., two-spirit)3 Other (e.g., gender fluid, non-binary)8 Prefer not to answer

### DE04. What gender do you currently live as in your day-to-day life? C SDC CURRENT GENDER

- 0 Male
- 1 Female
- 2 Sometimes male, sometimes female
- 3 Something other than male or female
- 8 Prefer not to answer

#### DE05. Are you currently pregnant?

C\_WH\_PREG\_CUR 1 Yes 0 No 9 Don't know

> DE06. [IF YES] In what week are you? C\_WH\_PREG\_CUR\_WK \_\_\_\_weeks

DE07. How many adults (age 18 or older) and children (under 18 years of age) <u>including yourself</u> are currently living in your household?

I live alone C\_SDC\_HOUSEHOLD\_ALONE Number of children under 18 years old? \_\_\_C\_SDC\_HH\_CHILDREN & C\_SDC\_HH\_CHILDREN\_NB Number of adults 18 to 59 years old? \_\_\_C\_SDC\_HH\_ADULTS\_18\_59 & C\_SDC\_HH\_ADULTS\_18\_59\_NB Number of adults 60 to 69 years old? \_\_\_C\_SDC\_HH\_ADULTS\_60\_69 & C\_SDC\_HH\_ADULTS\_60\_69\_NB Number of adults 70 to 79 years old? \_\_\_C\_SDC\_HH\_ADULTS\_70\_79 & C\_SDC\_HH\_ADULTS\_70\_79\_NB Number of adults 80 years old or more? \_\_\_C\_SDC\_HH\_ADULTS\_80 & C\_SDC\_HH\_ADULTS\_80\_NB Don't know C\_SDC\_HOUSEHOLD\_DK

### DE08. What type of dwelling do you currently live in?

### C\_SDC\_DWELLING\_TYPE\_CUR

0 House (e.g., single detached, semi-detached, duplex or townhouse)
1 Apartment or condominium
2 Seniors' housing (e.g., retirement home, senior lodges, senior residences, assisted living)
2 Institution (e.g., long term are facility, pursing home)

3 Institution (e.g., long-term care facility, nursing home)

4 Other (e.g. mobile home, hotel, rooming house, or group home)5 Don't know6 Prefer not to answer

### DE09. What is your current residential Postal Code?

C\_ADM\_FSA Please enter in the format A1A2A2 with no spaces. Postal Code:\_\_\_\_\_ 7 I live outside of Canada 8 Prefer not to answer 9 Don't know C\_ADM\_FSA\_CA

### COVID-19 DIAGNOSES

DG01. Have you used an online screening or self-assessment tool to determine if you might have and/or should be tested for COVID-19?

C\_HS\_COVID\_SA\_EVER Yes 0 No 8 Prefer not to answer

> DG02. [IF YES] What was the source of the self-assessment tool? (Select all that apply) 1 Provincial health authority or government C\_HS\_COVID\_SA\_GOV\_SRC 2 Employer C\_HS\_COVID\_SA\_EMPL\_SRC 3 Other C\_HS\_COVID\_SA\_OTHER\_SRC 9 Don't know C\_HS\_COVID\_SA\_DNK\_SRC

### DG03. As of today, have you been tested for COVID-19? C\_HS\_COVID\_EVER

1 Yes

2 No – because I haven't experienced any symptoms

3 No – I have experienced one or more symptoms (for example, a cough, mild fever, muscle soreness, fatigue) but have not been tested

4 No – I have experienced symptoms but I do/did not meet the testing criteria in my province 8 Prefer not to answer

DG04. [IF DG03=1] What was the result of your COVID-19 test? C\_HS\_COVID\_RESULT 0 Negative

1 Positive

8 Prefer not to answer

9 Don't know or have not received results yet

### DG05. [IF DG03=1)What was the date of your COVID-19 test? C\_HS\_COVID\_EVER\_DATE

Value (DD-MM-YYYY) 8 Prefer not to answer 9 Don't know **C\_HS\_COVID\_EVER\_DATE\_CA** 

DG06. What was the date that you received the results? C\_HS\_COVID\_RESULT\_DATE Value (DD-MM-YYYY)

8 Prefer not to answer 9 Don't know C\_HS\_COVID\_RESULT\_DATE\_CA

### DG07. [IF DG03=3,4] Do you suspect you have/had an undiagnosed case of COVID-19? C\_HS\_COVID\_SUSPICION

1 Yes 0 No 9 Don't know

DG08. Did you receive treatment with any experimental therapies for COVID-19 for prevention or treatment?

C\_HS\_COVID\_EXP\_TX

0 Yes 1 No 8 Prefer not to answer 9 Don't know

> DG09. [IF YES] Which experimental therapies did you receive? Select all that apply. 1 Remdesivir C\_HS\_COVID\_EXP\_TX\_TYPE\_RE 2 Chloroquine/Hydroxychloroquine C\_HS\_COVID\_EXP\_TX\_TYPE\_CH 3 Lopinavir-Ritonavir C\_HS\_COVID\_EXP\_TX\_TYPE\_LO 4 Tocilizumab C\_HS\_COVID\_EXP\_TX\_TYPE\_TO 5 Colchicine C\_HS\_COVID\_EXP\_TX\_TYPE\_CO 6 Other – please specify:\_\_\_\_\_C\_HS\_COVID\_EXP\_TX\_TYPE\_O & C\_HS\_COVID\_EXP\_TX\_TYPE\_O\_OTSP 8 Prefer not to answer C\_HS\_COVID\_EXP\_TX\_TYPE\_PNA 9 Don't know C\_HS\_COVID\_EXP\_TX\_TYPE\_DK

> DG10. [IF DG08 = YES] Were the therapies described above prescribed to you by a clinician for COVID-19? C\_HS\_COVID\_EXP\_TX\_PRESCRIBED 1 Yes 0 No 8 Prefer not to answer Don't know

### COVID-19 SYMPTOMS

We are interested in whether you've experienced flu-like and other symptoms, which may be related to COVID-19. For these next questions, please consider any symptoms which are not due to other health issues you might usually experience/expect, such as seasonal allergies, existing medical conditions, etc.

SY01. Have you had a fever since January 1, 2020? C\_HS\_SYMPT\_FEVER

1 Yes

0 No

9 Don't know

SY02. [IF YES] How long did it last (if you had more than one fever answer this question for the longest period)? C\_HS\_SYMPT\_FEVER\_LEN Hours:\_\_\_\_\_ C\_HS\_SYMPT\_FEVER\_HR Or Days:\_\_\_\_\_ C\_HS\_SYMPT\_FEVER\_DAY 9 Don't know C\_HS\_SYMPT\_FEVER\_CA

SY03. What was the highest temperature recorded? C\_HS\_SYMPT\_FEVER\_TEMP \_\_\_\_\_°C C\_HS\_SYMPT\_FEVER\_TEMP\_C \_\_\_\_\_°F C\_HS\_SYMPT\_FEVER\_TEMP\_F I did not take my temperature C\_HS\_SYMPT\_FEVER\_TEMP\_CA Don't know

SY04. Since January 1, 2020, have you experienced any of the following symptoms? Please do not include symptoms related to factors you might usually experience/expect, such as seasonal allergies, asthma, COPD, or other existing medical conditions. C\_HS\_SYMPT

	0 No	1 Mild	2 Severe	9 Don't know
Dry cough				
C_HS_SYMPT_DRY_COUGH				
Wet cough (cough that				
produces mucus)				
C_HS_SYMPT_WET_COUGH				
Runny nose				
C_HS_SYMPT_RUNNY_NOSE				
Sinus pain				
C_HS_SYMPT_SINUS_PAIN				
Ear pain				
C_HS_SYMPT_EAR_PAIN				
Sore throat				
C_HS_SYMPT_SORE_THROAT				

	0 No	1 Mild	2 Severe	9 Don't know
Hoarseness				
C_HS_SYMPT_HOARSENESS				
Shortness of breath or				
difficulty breathing				
C_HS_SYMPT_DIFF_BREATH				
Headache				
C_HS_SYMPT_HEADACHE				
Fatigue				
C_HS_SYMPT_FATIGUE				
General muscle and/or joint				
aches and pains				
C_HS_SYMPT_PAIN				
Chills or shivering				
C_HS_SYMPT_SHIVERING				
Loss of taste				
C_HS_SYMPT_LOSS_TASTE				
Loss of sense of smell				
C_HS_SYMPT_LOSS_SMELL				
Diarrhea				
C_HS_SYMPT_DIARRHEA				
Loss of appetite				
C_HS_SYMPT_APPETITE				
Nausea				
C_HS_SYMPT_NAUSEA				
Vomiting				
C_HS_SYMPT_VOMITING				

#### Did you experience any other symptoms?

C\_HS\_SYMPTOME\_OTHER\_EVER

1 Yes – please specify:\_\_\_\_\_ C\_HS\_SYMPT\_OTHER\_OTSP

0 No other symptoms

[IF YES] How severe were these symptoms? C\_HS\_SYMPT\_OTHER Mild Severe Don't know

**SY05.** [IF YES TO ANY SYMPTOMS] When did you first experience these symptoms? C\_HS\_SYMPT\_DATE

*If you don't remember the exact date, please provide the best estimate that you can.* Value (DD-MM-YYYY)

### Don't know C\_HS\_SYMPT\_DATE\_CA

# SY06. SY05. [IF YES TO ANY SYMPTOMS] Do you feel back to normal? C\_HS\_SYMPT\_RECOV 1 Completely 2 Mostly 3 A bit 4 Not really

, 5 Not at all

> SY07. SY06. [IF YES to 1,2] If you feel back to normal, how long were you sick for? C\_HS\_SYMPT\_DAY Number of days:\_\_\_\_\_ 9 Don't know C\_HS\_SYMPT\_DAY\_CA

#### SY08. SY07. C\_HS\_SYMPT\_DIF

	0 No	1 Mild	2 Severe	9 Don't know
Do you still have difficulty with a				
fever?				
C_HS_SYMPT_FEVER_DIF				
Do you still have difficulty with a				
dry cough?				
C_HS_SYMPT_DRY_COUGH_DIF				
Do you still have difficulty with a				
wet cough (cough that produces				
mucus)?				
C_HS_SYMPT_WET_COUGH_DIF				
Do you still have difficulty with a				
runny nose?				
C_HS_SYMPT_RUNNY_NOSE_DIF				
Do you still have difficulty with				
sinus pain?				
C_HS_SYMPT_SINUS_PAIN_DIF				
Do you still have difficulty with				
ear pain?				
C_HS_SYMPT_EAR_PAIN_DIF				
Do you still have difficulty with a				
sore throat?				
C_HS_SYMPT_SORE_THROAT_DIF				
Do you still have difficulty with				
hoarseness?				
C_HS_SYMPT_HOARSENESS_DIF				

	0 No	1 Mild	2 Severe	9 Don't know
Do you still have difficulty with				
shortness of breath or difficulty				
breathing?				
C_HS_SYMPT_DIFF_BREATH_DIF				
Do you still have difficulty with				
headaches?				
C_HS_SYMPT_HEADACHE_DIF				
Do you still have difficulty with				
fatigue?				
C_HS_SYMPT_FATIGUE_DIF				
Do you still have difficulty with				
general muscle and/or joint aches				
and pains?				
C_HS_SYMPT_PAIN_DIF				
Do you still have difficulty with				
chills or shivering?				
C_HS_SYMPT_SHIVERING_DIF				
Do you still have difficulty with				
loss of taste?				
C_HS_SYMPT_LOSS_TASTE_DIF				
Do you still have difficulty with				
loss of sense of smell?				
C_HS_SYMPT_LOSS_SMELL_DIF				
Do you still have difficulty with				
diarrhea?				
C_HS_SYMPT_DIARRHEA_DIF				
Do you still have difficulty with				
loss of appetite?				
C_HS_SYMPT_APPETITE_DIF				
Do you still have difficulty with				
nausea?				
C_HS_SYMPT_NAUSEA_DIF				
Do you still have difficulty with				
vomiting?				
C_HS_SYMPT_VOMITING_DIF				

**SY09.** <del>SY08.</del> [IF YES TO ANY SYMPTOMS] While you were experiencing COVID-19 related symptoms, did you have close contact with any of the following? Close contact means physical contact such as hugging, kissing, shaking hands, etc.

C\_HS\_SYMPT\_CONTACT

Spouse or partner		
C_HS_SYMPT_CONTACT_PARTNER		
Family members living in the same		
place C_HS_SYMPT_CONTACT_FAM_IN		
Family members living in another place		
C_HS_SYMPT_CONTACT_FAM_OUT		
Housemates C_HS_SYMPT_CONTACT_HOUSEMATE	TES	
Friends C_HS_SYMPT_CONTACT_FRIENDS		
Work colleagues		
C_HS_SYMPT_CONTACT_WORK		

**SY10. SY09.** [IF YES] Have any of those person(s) developed COVID-related symptoms? C\_HS\_SYMPT\_CONTACT\_C

Yes No Don't know

> SY11. SY10. [IF YES] For those person(s) that developed COVIDrelated symptoms, which category/categories did they belong to and how many individuals were affected? Select all that apply

C\_HS\_SYMPT\_CONTACT\_NB

Spouse or partner

Family members living in the same place - number of individuals:\_\_\_\_\_

C\_HS\_SYMPT\_CONTACT\_C\_FAM\_IN\_NB

Family members living in another place - number of individuals:\_\_\_\_\_

C\_HS\_SYMPT\_CONTACT\_C\_FAM\_OUT\_NB

Housemates - number of individuals:

C\_HS\_SYMPT\_CONTACT\_C\_HM\_NB

Friends - number of individuals:

C\_HS\_SYMPT\_CONTACT\_C\_FRIENDS\_NB

Work colleagues - number of individuals:\_\_\_\_\_

C\_HS\_SYMPT\_CONTACT\_C\_WORK\_NB

### **COVID-19 - CARE/HOSPITAL RELATED INFORMATION**

*The following questions are only presented to participants with a positive test result for Covid-19.* 

CH01. Were you hospitalized because of COVID-19? C\_HS\_COVID\_HOSP\_EVER

1 Yes 0 No

9 Don't know

CH02. [IF YES] What date did you get admitted to the hospital? C\_HS\_COVID\_HOSP\_DATE DD-MM-YYYY 9 Don't know C\_HS\_COVID\_HOSP\_DATE\_CA

CH03. [IF YES] How many days were you in the hospital? C\_HS\_COVID\_HOSP\_DAY Number of days 9 Don't know C\_HS\_COVID\_HOSP\_DAY\_CA

CH04. Were you admitted to an intensive care unit? C\_HS\_COVID\_INT\_CARE 1 Yes 0 No 9 Don't know

CH05. [IF YES] How long did you stay in the intensive care unit? C\_HS\_COVID\_INT\_CARE\_DAY Number of days:\_\_\_\_\_ 9 Don't know C\_HS\_COVID\_INT\_CARE\_DAY\_CA

CH06. Did you have a chest X-ray or CT scan? C\_HS\_COVID\_SCAN\_X\_RAY

1 Yes 0 No 9 Don't know

CH07. Did you require mechanical ventilation for COVID-19? C\_HS\_COVID\_VENTILATION 1 Yes 0 No 9 Don't know

CH08. [IF YES] How many days did you receive mechanical ventilation? C\_HS\_COVID\_VENTILATION\_DAY Number of days:\_\_\_\_\_ 9 Don't know C\_HS\_COVID\_VENTILATION\_DAY\_CA

CH09. What was the reason for ending hospitalization? C\_HS\_COVID\_HOSP\_END\_REASON 0 Discharge (recovered) 1 Other/Unknown

CH10. Have you experienced complications related to hospitalization after you were discharged? C\_HS\_COVID\_COMPLICATION 1 Yes 0 No 9 Don't know

### CH11. [IF YES] Did you require further treatment or hospitalization?

C\_HS\_COVID\_COMPLICATION\_TX 1 Yes

0 No 9 Don't know

### COVID-19 - EXPOSURE

EX01. Did you travel after January 1, 2020 (including within and outside your province)? C\_EXP\_TRAVEL

1 Yes 0 No 9 Don't know

EX02. [IF YES] If you travelled after January 1, 2020 how far did you travel? (Check all that apply in the questions that follow - if you had multiple trips, please list details for your most recent trip for domestic and/or international travel, if applicable).

Domestic (within province) C\_EXP\_TRAV\_PROV\_IN

Domestic (outside of province but within Canada) C\_EXP\_TRAV\_PROV\_OUT

[IF YES] What city did you travel to for your most recent trip?

### \_\_\_\_\_ C\_EXP\_TRAV\_PROV\_OTSP

What were your dates of travel for your most recent trip? **Note: The date** entered must be later than or the same as the travel start date. From DD MM YYYY C\_EXP\_TRAV\_PROV\_START\_DATE

To DD MM YYYY C\_EXP\_TRAV\_PROV\_END\_DATE

9 Don't know C\_EXP\_TRAV\_PROV\_START\_DATE\_CA &

### C\_EXP\_TRAV\_PROV\_END\_DATE\_CA

International C\_EXP\_TRAV\_INTER

[IF YES] What countries did you travel to for your most recent trip? \_\_\_\_\_\_ C EXP TRAV INTER OTSP

What were your dates of travel for your most recent trip? **Note: The date entered must be later than or the same as the travel start date.** From DD MM YYYY **C\_EXP\_TRAV\_INTER\_START\_DATE** 

To DD MM YYYY C\_EXP\_TRAV\_INTER\_END\_DATE

9 Don't know C\_EXP\_TRAV\_INTER\_START\_DATE\_CA &

C\_EXP\_TRAV\_INTER\_END\_DATE\_CA

Travel on a cruise ship **C\_EXP\_TRAV\_CRUISE** 

[IF YES] What were your dates of travel? *Note: The date entered must be later than or the same as the travel start date.* From DD MM YYYY C\_EXP\_TRAV\_CRUISE\_START\_DATE

### 9 Don't know C\_EXP\_TRAV\_CRUISE\_START\_DATE\_CA & C\_EXP\_TRAV\_CRUISE\_END\_DATE\_CA

EX03. We're interested in whether other people may have exposed you to COVID-19. To your knowledge, have you been in the same room as a person who was told by a physician that they have COVID-19? C\_EXP\_CONTACT\_COVID

1 Yes

0 No

9 Don't Know

### EX04. [IF YES] On which date did you have first contact with this person after they were diagnosed with COVID-19?

If you don't remember the exact date, please provide the best estimate that you can. DD MM YYYY C\_EXP\_CONTACT\_COVID\_DATE 9 Don't know C\_EXP\_CONTACT\_COVID\_DATE\_CA

EX05. [If EX03=1] Who was this person with COVID-19? C\_EXP\_CONTACT\_COVID\_SRC Spouse or partner Family member living in the same place Family member living in another place Housemate Friend Work colleague Other – please specify C\_EXP\_CONTACT\_COVID\_SRC\_OTSP

EX06. To your knowledge, since January 1, 2020 have you been in the same room as a person who went on to develop symptoms of COVID-19? These include fever, severe fatigue, shortness of breath, dry cough, muscle pain or increased phlegm production.

C\_EXP\_CONTACT\_SYMPT

1 Yes 0 No 9 Don't Know

**EX07.** [IF YES] On which date did you have first contact with this person before they started experiencing symptoms of COVID-19? C\_EXP\_CONTACT\_SYMPT\_DATE DD MM YYYY 9 Don't know C\_EXP\_CONTACT\_SYMPT\_DATE\_CA

EX08. [IF YES] Who was this person with symptoms of COVID-19? C\_EXP\_CONTACT\_SYMPT\_SRC Spouse or partner Family member living in the same place Family member living in another place Housemate Friend Work colleague Other – please specify C\_EXP\_CONTACT\_SYMPT\_SRC\_OTSP

EX09. To your knowledge, have you been in the same room as someone who returned from an international trip after January 1, 2020? If you have travelled internationally since January 1, 2020, do not include people that you travelled with. C\_EXP\_CONTACT\_OUTSIDE 1 Yes 0 No 9 Don't Know

EX10. [IF YES] On which date did you have first contact with this person after they returned from their trip?

If you don't remember the exact date, please provide the best estimate that you can.

DD MM YYYY C\_EXP\_CONTACT\_OUTSIDE\_DATE 9 Don't know C\_EXP\_CONTACT\_OUTSIDE\_DATE\_CA

EX011. Have you been in any large public gatherings of greater than 250 people (such as a concert) since January 1 2020? C\_EXP\_CONTACT\_250

1 Yes 0 No

9 Don't know

The provinces declared COVID-19 a public health emergency in March 2020, and put recommended prevention measures in place, including restrictions on activities outside the home, physical distancing, and public gatherings to reduce the risk of exposure to COVID-19.

# EX12. Since March 2020, which of the following measures did you undertake? (Select all that apply, even if there are some that you no longer practice due to changing public health guidelines.) C\_EXP\_MEASURE

Worked from home, where that was an option for your job C\_EXP\_MEASURE\_WRK Stocked up on essentials at a grocery store or pharmacy C\_EXP\_MEASURE\_STOCK Avoided leaving the house for non-essential reasons C\_EXP\_MEASURE\_HOUSE Used social distancing when out in public (i.e. made changes in your everyday routine to minimize close contact with others) C\_EXP\_MEASURE\_SOCIAL\_DIST Avoided crowds and large gatherings C\_EXP\_MEASURE\_LARGE\_GATH Did not visit with people outside my household C\_EXP\_MEASURE\_VISIT Wore a mask when going out in public C\_EXP\_MEASURE\_MASK Wore gloves when going out in public C\_EXP\_MEASURE\_GLOVES Washed your hands more regularly C\_EXP\_MEASURE\_WASH\_HAND Avoided touching your face C\_EXP\_MEASURE\_TOUCH\_FACE Cancelled travel C\_EXP\_MEASURE\_CANCEL\_TRAVEL Other – please specify: \_\_\_\_\_\_ C\_EXP\_MEASURE\_OTHER &

Other – please specify: C\_EXP\_MEASURE\_OTSP None C\_EXP\_MEASURE\_NONE

EX13. Did you regularly take public transit before March 2020? C\_EXP\_TRANSPORT 1 Yes 0 No 8 Prefer not to answer 9 Don't Know

**EX 14. [IF YES] Have you changed how frequently you take public transit since the province declared a public health emergency?** C\_EXP\_TRANSPORT\_AFTER Yes – I have stopped taking public transit Yes – I take public transit less frequently No Prefer not to answer Don't know

For the next two questions, please use the following definitions: Self-isolation: no symptoms or positive test, but stayed at home other than essential errands or exercise, including working from home where that was possible. Quarantine: did not leave your house or yard due to recent travel, symptoms, positive test, or possible exposure to someone diagnosed with COVID-19.

EX15. To date, have you self-isolated during the COVID-19 pandemic? C\_EXP\_SI\_EVER

1 Yes 0 No 8 Prefer not to answer 9 Don't know

> EX16. [IF YES] How long were you in self-isolation? Number of weeks: \_\_\_\_\_ C\_EXP\_SI\_WK 9 Don't know C\_EXP\_SI\_WK\_CA

EX17. [IF YES to the parent question] How many people (adults and children) living in your home were in self-isolation with you? Number of people:\_\_\_\_\_ C\_EXP\_SI\_PEOPLE\_NB Don't know C\_EXP\_SI\_PEOPLE\_NB\_CA

EX18. [IF YES to the parent question] Are you still in self-isolation? C\_EXP\_SI\_CURR 1 Yes 0 No 8 Prefer not to answer 9 Don't know EX19 To date, have you or anyone in your household been in quarantine during the COVID-19 pandemic? C\_EXP\_QUARANTINE\_EVER

1 Yes 0 No 8 Prefer not to answer 9 Don't know

> EX20. [IF YES] If you or anyone in your household is still in quarantine, how long has it been? Number of days: \_\_\_\_\_ C\_EXP\_QUARANTINE\_CURR\_DAY

8 Members of my household are no longer in quarantine 9 Don't know C EXP QUARANTINE CURR DAY CA

EX21. If you or anyone in your household has completed quarantine, how long has it been since quarantine was completed? Number of weeks: \_\_\_\_\_ C\_EXP\_QUARANTINE\_COMP\_WK Quarantine is ongoing 9 Don't know C\_EXP\_QUARANTINE\_COMP\_WK\_CA

EX22. [IF YES] Did/Do you have someone to help meet your immediate needs (e.g. food, medicine, etc.)? C\_EXP\_ASSISTANCE 1 Yes 0 No 9 Don't know

**EX23.** Are you working as a medical professional (physician, nurse, hospital employee, first responder, pharmacist) with exposure to patients? **C\_WRK\_MEDICAL** 1 Yes

0 No 8 Prefer not to answer 9 Don't know

EX24. Are you working as an essential service provider (grocery store attendant, public transit, police, security, etc.) with regular exposure to members of the public? C WKR ESSENTIAL SERVICE

1 Yes 0 No 8 Prefer not to answer 9 Don't know

EX25. Below are a series of statements about COVID-19; please indicate the degree to which you agree or disagree with the statements. C\_EXP\_EX23

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
COVID-19 poses a major threat					
to the public					
C_EXP_MAJOR_THREAT					
I think the situation with COVID-					
19 is overblown					
C_EXP_SIT_OVERBLOWN					
Because of my location,					
profession, and/or lifestyle, I am					
personally at a high risk of					
contracting COVID-19					
C_EXP_HIGH_RISK					
Because of my age and/or pre-					
existing conditions, I am likely to					
have serious symptoms if I were					
to contract COVID-19					
C_EXP_CONTRACT_COVID					
Because of my age and/or pre-					
existing conditions, I am likely to					
need hospitalization if I were to					
contract COVID-19					
C_EXP_CONTRACT_COVID_HOSP					
The seasonal flu is just as					
dangerous as COVID-19					
C_EXP_SEASONAL_FLU					
COVID-19 was created in a lab on					
purpose					
C_EXP_COVID_CREATED_LAB					

### **RISK FACTORS**

As the COVID-19 virus affects the respiratory system, the next few questions ask about smoking cigarettes, e-cigarettes and cannabis.

### RF01. At the present time, do you smoke cigarettes daily, occasionally, or not at all? C\_SMK\_CIG\_CUR\_FREQ

- 1 Daily (At least one cigarette every day for the past 30 days)
- 2 Occasionally (At least one cigarette in the past 30 days, but not every day)
- 3 Not at all (You did not smoke at all in the past 30 days)

RF02. [IF YES to Daily or Occasionally] Has your smoking changed since March 2020? C\_SMK\_CIG\_FREQ\_CHANGED

0 No 1 Yes – smoking more than before 2 Yes – smoking less than before 9 Don't know

RF03. Have you ever tried an electronic cigarette, also known as an e-cigarette? Vaping products have many names, such as: e-cigarettes, vape pens, vapes, mods, tanks, and e-hookahs. They may also be known by various brand names. C\_SMK\_ECIG\_EVER

1 Yes

0 No

9 Don't know

RF04. [IF YES] In the past 30 days did you use an e-cigarette? C\_SMK\_ECIG\_30DAYS 1 Yes 0 No 9 Don't know

### RF05. Has your use of e-cigarettes changed since March 2020?

C\_SMK\_ECIG\_FREQ\_CHANGED 0 No 1 Yes – using more than before 2 Yes – using less than before 9 Don't know

### RF06. Have you used cannabis in the past 12 months? C\_SMK\_MJ\_LAST

1 Yes 0 No 8 Prefer not to answer 9 Don't know

### RF07. [IF YES] In the past 12 months, have you used cannabis for any of the following? C SMK MJ REASON

Non-medical purposes only
 Medical purposes only, either with or without a medical document
 Both medical and non-medical purposes
 Prefer not to answer
 Don't know

### **RF08.** In the past 12 months, which of the following methods to consume cannabis did you use most often? C\_SMK\_MOST\_USED 1 Smoked

2 Vaporized

3 Consumed in food or drink4 Other8 Prefer not to answer9 Don't know

#### RF09. Has your use of cannabis changed since March 2020?

C\_SMK\_MJ\_FREQ\_CHANGED 0 No 1 Yes – using more often than before 2 Yes – using less often than before 9 Don't know

#### RF10. On average, over the last year, how often did you drink alcohol? C\_ALC\_CUR\_FREQ

7 6 to 7 times a week
6 4 to 5 times a week
5 2 to 3 times a week
4 Once a week
3 2 to 3 times a month
2 About once a month
1 Less than once a month
0 Never
9 Don't know

### RF11. [IF RF10=any option other than 0 and 9) Has your alcohol consumption changed since March 2020? C\_ALC\_FREQ\_CHANGED

0 No

1 Yes – drinking alcohol more often than before

2 Yes – drinking alcohol less often than before

9 Don't know

### **MEDICAL CONDITIONS**

COVID-19 is a new disease and evidence of risk factors continues to evolve. People who have pre-existing medical conditions, or who have compromised immune systems may be at higher risk of serious illness, similar to what is seen with other respiratory illnesses, such as influenza.

### MC01. Has a doctor ever told you that you had a cancer or a malignancy of any kind? C\_CANCER\_EVER

1 Yes, select all that apply 0 No 9 Don't know

### MC02. C\_DIS\_CANCER

Broast C CANCER REFACT	Are you currently undergoing treatment for
Breast C_CANCER_BREAST	Are you currently undergoing treatment for breast cancer? <b>C_CANCER_BREAST_TX</b>
	1 Yes
	0 No
	9 Don't know
Colon C_CANCER_COLON_EVER	Are you currently undergoing treatment for
	colon cancer? C_CANCER_COLON_TX
	1 Yes
	0 No
	9 Don't know
Leukemia C_CANCER_LEUKEMIA_EVER	Are you currently undergoing treatment for
	leukemia? C_CANCER_LEUKEMIA_TX
	1 Yes
	0 No
	9 Don't know
Lung and bronchus	Are you currently undergoing treatment for
C_CANCER_LUNG_EVER	lung and bronchus cancer?
	C_CANCER_LUNG_TX
	1 Yes
	0 No
	9 Don't know
Lymphoma (Hodgkin Lymphoma)	Are you currently undergoing treatment for
C_CANCER_HL_EVER	lymphoma (Hodgkin lymphoma) cancer?
	C_CANCER_HL_TX
	1 Yes
	0 No
	9 Don't know
Lymphoma (non-Hodgkin Lymphoma)	Are you currently undergoing treatment for
C_CANCER_NHL_EVER	lymphoma (Non-Hodgkin lymphoma)
	cancer? C_CANCER_NHL_TX
	1 Yes
	0 No
Description C. CANOED, DANODEAT, EVED	9 Don't know
Pancreatic C_CANCER_PANCREAT_EVER	Are you currently undergoing treatment for
	pancreatic cancer?
	C_CANCER_PANCREAT_TX
	1 Yes
	0 No
	9 Don't know
Prostate C_CANCER_PROSTATE_EVER	Are you currently undergoing treatment for
	prostate cancer? C_CANCER_PROSTATE_TX

	1 Yes
	0 No
	9 Don't know
	Are you currently undergoing treatment for
Rectum C_CANCER_RECTUM_EVER	
	rectal cancer? C_CANCER_RECTUM_TX 1 Yes
	0 No
	9 Don't know
Skin (Melanoma)	Are you currently undergoing treatment for
C_CANCER_SKIN_M_EVER	skin (melanoma) cancer?
	C_CANCER_SKIN_M_TX
	1 Yes
	0 No
	9 Don't know
Skin (Non-Melanoma)	Are you currently undergoing treatment for
C_CANCER_SKIN_NM_EVER	skin (non-melanoma) cancer?
	C_CANCER_SKIN_NM_TX
	1 Yes
	0 No
	9 Don't know
Thyroid C_CANCER_THYROID_EVER	Are you currently undergoing treatment for
	thyroid cancer? C_CANCER_THYROID_TX
	1 Yes
	0 No
	9 Don't know
Uterus C_CANCER_UTERUS_EVER	Are you currently undergoing treatment for
	uterine cancer? C_CANCER_UTERUS_TX
	1 Yes
	0 No
	9 Don't know
Other cancer or malignancy – please	Are you currently undergoing treatment for
specify:	the other cancer or malignancy specified?
C_CANCER_OTHER_EVER &	C_CANCER_OTHER_TX
C_CANCER_OTHER_OTSP	1 Yes
	0 No
	9 Don't know

### MC03. Has a doctor ever told you that you had any of the following conditions?

Condition	Diagnosed	Are you currently being treated?
Diabetes	1 Yes	
C_DIS_DIAB_EVER	0 No	
	9 Don't know	

Condition	Diagnosed	Are you currently being treated?
	If yes, which type of diabetes was it? <b>C_DIS_DIAB_TYPE</b>	
	Type 1 diabetes	[IF SELECTED] Are you currently
	C_DIS_DIAB_TYPE1	being treated for Type 1
		diabetes? C_DIS_DIAB_TYPE1_TX
		1 Yes
		0 No
		9 Don't know
	Type 2 diabetes	[IF SELECTED] Are you currently
	C_DIS_DIAB_TYPE2	being treated for Type 2
		diabetes? C_DIS_DIAB_TYPE2_TX
		1 Yes
		0 No
		9 Don't know
	Gestational diabetes only	[IF SELECTED] Are you currently
	C_DIS_GEST_DIAB	being treated for gestational
		diabetes? C_DIS_GEST_DIAB_TX
		1 Yes
		0 No
		9 Don't know
	1 Vec. coloct all that apply	
Heart and circulatory conditions	1 Yes, select all that apply 0 No	
C_DIS_CARDIO_EVER		
C_DIS_CARDIO_EVER		
	C_DIS_CARDIO	
	High blood pressure	[IF SELECTED] Are you currently
	(hypertension, not including	being treated for high blood
	during pregnancy)	pressure (hypertension, not
	C_DIS_HBP_EVER	including during pregnancy)?
		C_DIS_HBP_TX
		1 Yes
		0 No
		9 Don't know
	Heart attack (myocardial	[IF SELECTED] Are you currently
	infarction) C_DIS_MI_EVER	being treated for a heart attack
		(myocardial infarction)?
		C_DIS_MI_TX
		1 Yes
		0 No
		9 Don't know

Condition	Diagnosed	Are you currently being treated?
	Heart failure C_DIS_HF_EVER	[IF SELECTED] Are you currently
		being treated for heart failure?
		C DIS HF TX
		1 Yes
		0 No
		9 Don't know
	Atherosclerosis / Coronary heart	[IF SELECTED] Are you currently
	disease (including angioplasty or	being treated for atherosclerosis
	stents) C_DIS_CHD_EVER	/ coronary heart disease
		(including angioplasty or stents)?
		C_DIS_CHD_TX
		1 Yes
		0 No
		9 Don't know
	Atrial fibrillation	[IF SELECTED] Are you currently
	C_DIS_ATRIAL_EVER	being treated for atrial
		fibrillation? C DIS ATRIAL TX
		1 Yes
		0 No
		9 Don't know
	Angina C_DIS_ANGINA_EVER	[IF SELECTED] Are you currently
		being treated for angina?
		C_DIS_ANGINA_TX
		1 Yes
		0 No
		9 Don't know
	Valvular heart disease (e.g. aortic	[IF SELECTED] Are you currently
	stenosis, mitral valve prolapse)	being treated for valvular heart
	C_DIS_VHD_EVER	disease (e.g. aortic stenosis,
		mitral valve prolapse)?
		C_DIS_VHD_TX
		1 Yes
		0 No
		9 Don't know
Respiratory system	1 Yes, select all that apply	
conditions	0 No	
C_DIS_RESP_EVER	9 Don't know	
	C_DIS_RESP	
	Asthma C_DIS_ASTHMA_EVER	[IF SELECTED] Are you currently
		being treated for asthma?
		C_DIS_ASTHMA_TX

Condition	Diagnosed	Are you currently being treated?
		1 Yes
		0 No
		9 Don't know
	Chronic obstructive pulmonary	[IF SELECTED] Are you currently
	disease (COPD)	being treated for chronic
	C_DIS_COPD_EVER	obstructive pulmonary disease
		(COPD)? C_DIS_COPD_TX
		1 Yes
		0 No
		9 Don't know
	Interstitial lung disease (lung	[IF SELECTED] Are you currently
	tissue scarring resulting from	being treated for interstitial lung
	other health conditions or	disease? C_DIS_IL_TX
	exposures) C_DIS_IL_EVER	1 Yes
	. ,	0 No
		9 Don't know
	Chronic bronchitis	[IF SELECTED] Are you currently
	C DIS CB EVER	being treated for chronic
		bronchitis? C_DIS_CB_TX
		1 Yes
		0 No
		9 Don't know
	Cystic fibrosis C_DIS_CF_EVER	[IF SELECTED] Are you currently
		being treated for cystic fibrosis?
		C_DIS_CF_TX
		1 Yes
		0 No
		9 Don't know
	Emphysema	[IF SELECTED] Are you currently
	C_DIS_EMPHYSEMA_EVER	being treated for emphysema?
		C_DIS_EMPHYSEMA_TX
		1 Yes
		0 No
		9 Don't know
	Sleep apnea	[IF SELECTED] Are you currently
	C_DIS_SLEEP_APNEA_EVER	being treated for sleep apnea?
	_	C_DIS_SLEEP_APNEA_TX
		1 Yes
		0 No
		9 Don't know
Gastrointestinal	1 Yes, select all that apply	
conditions	0 No	

Condition	Diagnosed	Are you currently being treated?
C_DIS_GASTRO_EVE	9 Don't know	
R		
	C_DIS_GASTRO	
	Crohn's disease	[IF SELECTED] Are you currently
	C_DIS_CROHN_EVER	being treated for Crohn's
		disease? C_DIS_CROHN_TX
		1 Yes
		0 No
		9 Don't know
	Ulcerative colitis C_DIS_UC_EVER	[IF SELECTED] Are you currently
		being treated for ulcerative
		colitis? C_DIS_UC_TX
		1 Yes
		0 No
		9 Don't know
	Irritable bowel syndrome	[IF SELECTED] Are you currently
	C_DIS_IBS_EVER	being treated for irritable bowel
		syndrome? C_DIS_IBS_TX
		1 Yes
		0 No
		9 Don't know
	Celiac disease	[IF SELECTED] Are you currently
	C_DIS_CELIAC_EVER	being treated for celiac disease?
		C_DIS_CELIAC_TX
		1 Yes
		0 No
		9 Don't know
Liver or pancreas	1 Yes, select all that apply	
conditions	0 No	
C_DIS_LIVER_EVER	9 Don't know	
	C_DIS_LIVER	
	Liver cirrhosis C_DIS_LC_EVER	[IF SELECTED] Are you currently
		being treated for liver cirrhosis?
		C_DIS_LC_TX
		1 Yes
		0 No
		9 Don't know
	Chronic hepatitis	[IF SELECTED] Are you currently
	C_DIS_CH_EVER	being treated for chronic
		hepatitis? C_DIS_CH_TX

Condition	Diagnosed	Are you currently being treated?
		1 Yes
		0 No
		9 Don't know
	Fatty liver (NAFLD- non-alcoholic	[IF SELECTED] Are you currently
	fatty liver disease / NASH –	being treated for fatty liver
	nonalcoholic steatohepatitis)	(NAFLD- non-alcoholic fatty liver
	C_DIS_FATTY_EVER	disease / NASH – nonalcoholic
		steatohepatitis)?
		C_DIS_FATTY_TX
		1 Yes
		0 No
		9 Don't know
Renal disease /	1 Yes, select all that apply	
kidney failure	0 No	
conditions	9 Don't know	
C_DIS_RD_EVER		
	C_DIS_RD	
	Acute renal failure	[IF SELECTED] Are you currently
	C_DIS_ACUTE_FAIL_EVER	being treated for acute renal
		failure? C_DIS_ACUTE_FAIL_TX
		1 Yes
		0 No
		9 Don't know
	Chronic renal failure	[IF SELECTED] Are you currently
	C_DIS_CHRONIC_FAIL_EVER	being treated for chronic renal
		failure?
		C_DIS_CHRONIC_FAIL_TX
		1 Yes
		0 No
		9 Don't know
Mental health	1 Yes, select all that apply	
condition	0 No	
C_DIS_MH_EVER	9 Don't know	
	C_DIS_MH	
	Major depression	[IF SELECTED] Are you currently
	C_DIS_DEP_EVER	being treated for major
		depression?
		C_DIS_MAJOR_DEPRESSION_TX
		1 Yes
		0 No

Condition	Diagnosed	Are you currently being treated?
		9 Don't know
	Minor depression	[IF SELECTED] Are you currently
	C_DIS_MINOR_DEP_EVER	being treated for minor
		depression?
		C_DIS_MINOR_DEPRESSION_TX
		1 Yes
		0 No
		9 Don't know
	Bipolar disorder	[IF SELECTED] Are you currently
	C_DIS_BIPOLAR_DISORDER_EVE	being treated for bipolar
	R	disorder?
		C_DIS_BIPOLAR_DISORDER_TX
		1 Yes
		0 No
		9 Don't know
	Post-traumatic stress disorder	[IF SELECTED] Are you currently
	C_DIS_PTSD_EVER	being treated for post-traumatic
		stress disorder? C DIS PTSD TX
		1 Yes
		0 No
		9 Don't know
	Schizophrenia or Schizoaffective	[IF SELECTED] Are you currently
	disorder	being treated for schizophrenia
	C_DIS_SCHIZOPHRENIA_EVER	or schizoaffective disorder?
		C_DIS_SCHIZOPHRENIA_TX
		1 Yes
		0 No
		9 Don't know
	Obsessive compulsive disorder	[IF SELECTED] Are you currently
	C_DIS_OCD_EVER	being treated for obsessive
		compulsive disorder?
		C_DIS_OCD_TX
		1 Yes
		0 No
		9 Don't know
	Anxiety disorder	[IF SELECTED] Are you currently
	C_DIS_ANXIETY_DIS_EVER	being treated for anxiety
		disorder?
		C_DIS_ANXIETY_DISORDER_TX
		1 Yes
		0 No
		9 Don't know

Condition	Diagnosed	Are you currently being treated?
	Eating disorder	[IF SELECTED] Are you currently
	C_DIS_EATING_DIS_EVER	being treated for an eating
		disorder?
		C_DIS_EATING_DISORDER_TX
		1 Yes
		0 No
		9 Don't know
	Addiction disorder (e.g. alcohol,	[IF SELECTED] Are you currently
	drug or gambling dependence)	being treated for an addiction
	C_DIS_ADDICTION_DIS_EVER	disorder (e.g. alcohol, drug or
		gambling dependence)?
		C_DIS_ADDICTION_DISORDER_T
		X
		1 Yes
		0 No
		9 Don't know
Neurological	1 Yes, select all that apply	
conditions	0 No	
C_DIS_NEURO_EVER	9 Don't know	
	C_DIS_NEURO	
	Thrombotic stroke	[IF SELECTED] Are you currently
	C_DIS_THROMBO_EVER	being treated for thrombotic
		stroke? C_DIS_THROMBO_TX
		1 Yes
		0 No
		9 Don't know
	Hemorrhagic stroke	[IF SELECTED] Are you currently
	C_DIS_HEMO_EVER	being treated for hemorrhagic
		stroke? C_DIS_HEMO_TX
		1 Yes
		0 No
		9 Don't know
	Multiple sclerosis	[IF SELECTED] Are you currently
	C_DIS_MS_EVER	being treated for multiple
		sclerosis? C_DIS_MS_TX
		1 Yes
		0 No
		9 Don't know

Condition	Diagnosed	Are you currently being treated?
Bone and joint	1 Yes, select all that apply	
conditions	0 No	
C_DIS_BONE_EVER	9 Don't know	
	C_DIS_BONE	
	Arthritis C_DIS_ARTHRITIS_EVER	
	Which type(s) of arthritis was it?	[IF SELECTED] Are you currently being treated for arthritis?
	Rheumatoid arthritis C_DIS_ARTHRITIS_RA_EVER	C_DIS_ARTHRITIS_TX
	Osteoarthritis	1 Yes
	C_DIS_ARTHRITIS_OA_EVER	0 No
	Don't know	9 Don't know
	C_DIS_ARTHRITIS_DK	
	Other - please specify:	
	C_DIS_ARTHRITIS_OTHER &	
	C_DIS_ARTHRITIS_TYPE_OTSP	
	Lupus C_DIS_LUPUS_EVER	[IF SELECTED] Are you currently
		being treated for lupus?
		C_DIS_LUPUS_TX
		1 Yes
		0 No
		9 Don't know
	Fibromyalgia	[IF SELECTED] Are you currently
	C_DIS_FIBROMYAL_EVER	being treated for fibromyalgia? C_DIS_FIBROMYAL_TX
		1 Yes
		0 No
		9 Don't know
Skin conditions	1 Yes, select all that apply	
C_DIS_SKIN_EVER	0 No	
	9 Don't know	
	C_DIS_SKIN	
	Eczema C_DIS_ECZEMA_EVER	[IF SELECTED] Are you currently
		being treated for eczema?
		C_DIS_ECZEMA_TX
		1 Yes
		0 No
		9 Don't know

Condition	Diagnosed	Are you currently being treated?
	Psoriasis C_DIS_PS_EVER	[IF SELECTED] Are you currently
		being treated for psoriasis?
		C_DIS_PS_EVER_TX
		1 Yes
		0 No
		9 Don't know
	Scleroderma C_DIS_SC_EVER	[IF SELECTED] Are you currently
		being treated for scleroderma?
		C_DIS_SC_EVER_TX
		1 Yes
		0 No
		9 Don't know
Immune system	1 Yes, select all that apply	
conditions	0 No	
C_DIS_INFEC_EVER	9 Don't know	
	C_DIS_INFEC	
	HIV C_DIS_HIV_EVER	[IF SELECTED] Are you currently
		being treated for HIV?
		C_DIS_HIV_TX
		1 Yes
		0 No
		9 Don't know
	A weakened or compromised	[IF SELECTED] Are you currently
	immune system (such as Severe	being treated for a weakened or
	Combined Immunodeficiency)	compromised immune system
	C_DIS_SCID_EVER	(such as severe combined
		immunodeficiency)?
		C_DIS_SCID_TX
		1 Yes
		0 No
		9 Don't know
	Hashimoto's thyroiditis, Sjögren's	[IF SELECTED] Are you currently
	syndrome, or Ankylosing	being treated for Hashimoto's
	spondylitis C_DIS_HT_EVER	thyroiditis, Sjögren's syndrome,
		or ankylosing spondylitis?
		C_DIS_HT_TX
		1 Yes
		0 No
		9 Don't know

Other Conditions **Do you have or have you had any other medical conditions?** C\_DIS\_OTHER\_EVER Yes No Don't know

### [IF YES] Please list these medical conditions: C\_DIS\_OTHER\_LIST 1: \_\_\_\_\_\_C\_DIS\_OTHER\_1\_OTSP

### Are you currently being treated for the other medical condition specified above? C\_DIS\_OTHER\_1\_TX

Yes No Don't know

### 2: \_\_\_\_\_C\_DIS\_OTHER\_2\_OTSP

Are you currently being treated for the other medical condition specified above? C\_DIS\_OTHER\_2\_TX

Yes No Don't know

### 3: \_\_\_\_\_C\_DIS\_OTHER\_3\_OTSP

Are you currently being treated for the other medical condition specified above? C\_DIS\_OTHER\_3\_TX

Yes No Don't know

### 4: \_\_\_\_\_C\_DIS\_OTHER\_4\_OTSP

Are you currently being treated for the other medical condition specified above? C\_DIS\_OTHER\_4\_TX

Yes No Don't know

### 5: \_\_\_\_\_C\_DIS\_OTHER\_5\_OTSP

Are you currently being treated for the other medical condition specified above? C\_DIS\_OTHER\_5\_TX

Yes No Don't know

### C\_DIS\_OTHER\_6\_OTSP - C\_DIS\_OTHER\_10\_OTSP

### & C\_DIS\_OTHER\_6\_TX - C\_DIS\_OTHER\_10\_TX

#### MC04. Have you ever received an organ, bone marrow, or stem cell transplant? C DIS TRANS RECEIVED

1 Yes 0 No 9 Don't know

### MC05. [IF YES] Are you currently taking immunosuppressive medication?

C\_DIS\_IMM\_TX 1 Currently taking each day

2 Taken within the last few months (during the COVID-19 pandemic) but not every day
3 Taken before Jan 2020 but not currently
4 No
9 Don't know

### MC06. What is your blood type? C\_BLOOD\_TYPE

1 A 2 B

3 AB

4 O

8 Prefer not to answer

9 Don't Know

### MC07. Since March 2020, access to health services may have changed. Have you experienced any of the following changes related to your healthcare?

Select all that apply Surgery cancelled or deferred C\_DIS\_HC\_CHANGED\_SPEC1 Medical procedure cancelled or deferred C DIS HC CHANGED SPEC2 Treatment cancelled or deferred C DIS HC CHANGED SPEC3 Other health-related appointment cancelled or deferred (e.g. dental, vision, etc.) **C DIS HC CHANGED SPEC4** Use of virtual appointments with health care provider C DIS HC CHANGED SPEC5 Delayed seeing a healthcare professional about an existing problem or concern C DIS HC CHANGED SPEC6 Delayed seeing a healthcare professional about a new problem or concern C\_DIS\_HC\_CHANGED\_SPEC7 Regular lab tests cancelled or deferred C DIS HC CHANGED SPEC8 Medication shortage C DIS HC CHANGED SPEC9 Other – please specify: C DIS HC CHANGED OTHER & C DIS HC CHANGED OTHER OTSP None or not applicable C DIS HC CHANGED NONE

### **MEDICATION**

### ME01. Are you currently taking or have you taken in the past 12 months any of the medications listed below? C\_MD\_MED\_EVER

Yes, select all that apply No Don't know

Medication Type	[IF YES] How often?
ACE-inhibitors to lower blood	How often do or did you take ACE-inhibitors to lower
pressure (e.g. benazepril, captopril,	blood pressure (e.g. benazepril, captopril, enalapril,
enalapril, lisinopril, ramipril)	lisinopril, ramipril)? C_MD_MED_ACE_FREQ
C_MD_MED_ACE	
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Angiotension II Receptor Blockers to	How often do or did you take angiotensin II receptor
lower blood pressure (e.g.	blockers to lower blood pressure (e.g. candesartan,
candesartan, losartan, telmisartan,	losartan, telmisartan, valsartan)?
valsartan) C_MD_MED_ARB	C_MD_MED_ARB_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Antibiotics C_MD_MED_ANTIBIOTIC	How often do or did you take antibiotics?
	C_MD_MED_ANTIBIOTIC_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Antivirals (e.g. lopinavir-ritonavir,	How often do or did you take antivirals (e.g.
remdesivir) C_MD_MED_ANTIVIRAL	lopinavir-ritonavir, remdesivir)?
	C_MD_MED_ANTIVIRAL_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day

Medication Type	[IF YES] How often?
	3 Taken before Jan 2020 but not currently
	9 Don't know
Allergy medications	How often do or did you take allergy medications?
C_MD_MED_ALLERGY	C_MD_MED_ALLERGY_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Androgen deprivation therapy	How often do or did you take androgen deprivation
C_MD_MED_ADT	therapy? C_MD_MED_ADT_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Asthma medications	How often do or did you take asthma medication?
C_MD_MED_ASTHMA	C_MD_MED_ASTHMA_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Immunosuppressive or	How often do or did you take immunosuppressive or
immunomodulatory medication (e.g.	immunomodulatory medication (e.g. corticosteroids;
corticosteroids; disease-modifying	disease-modifying anti-rheumetic drugs such as
anti-rheumetic drugs such as	adalimumab, azathioprine, ciclosporin, etanercept,
adalimumab, azathioprine,	infliximab, methotrexate, rituximab, sulfasalazine,
ciclosporin, etanercept, infliximab, methotrexate, rituximab,	tocilizumab; anti-cytokine antibodies; interferons)?
sulfasalazine, tocilizumab; anti-	C_MD_MED_IMM_FREQ 1 Currently taking each day
cytokine antibodies; interferons)	2 Taken within the last few months (during the
C_MD_MED_IMM	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Blood thinners (e.g. apixaban,	How often do or did you take blood thinners (e.g.
rivaroxaban, dabigatran)	apixaban, rivaroxaban, dabigatran)?
C_MD_MED_BT	
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day

Medication Type	[IF YES] How often?
	3 Taken before Jan 2020 but not currently
	9 Don't know
Non-steroidal anti-inflammatory	How often do or did you take non-steroidal anti-
drugs (e.g. ibuprofen such as Advil or	inflammatory drugs (e.g. ibuprofen such as Advil or
Motrin; naproxen such as Aleve)	Motrin; naproxen such as Aleve)?
C_MD_MED_NSAID	C_MD_MED_NSAID_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know
Other pain/fever relievers (e.g.	How often do or did you take other pain/fever
aspirin, paracetamol or	relievers (e.g. aspirin, paracetamol or
acetaminophen)	acetaminophen)?
C_MD_MED_OTHER_PAIN	C_MD_MED_OTHER_PAIN_FREQ
	1 Currently taking each day
	2 Taken within the last few months (during the
	COVID-19 pandemic) but not every day
	3 Taken before Jan 2020 but not currently
	9 Don't know

### **MENTAL & EMOTIONAL IMPACTS**

The following questions ask how you have been feeling since March 2020 when COVID-19 was declared a pandemic. Please note that your responses will not be reviewed by a health professional. If you are experiencing stress or anxiety and would like to access support, please reach out to mental health services available in your area. Please follow the link for resources available in Alberta

(https://www.albertahealthservices.ca/findhealth/Service.aspx?id=6810&serviceAtFacilityID=10 47134)

PI01, Since March 2020	, how often have y	you been bothered by	y the following problems?

	0 Not at all	1 Several Days	2 More than half of the days	3 Nearly every day
Feeling nervous, anxious, or on				
edge				
C_HS_1_FEELING_NERVOUS				
Not being able to stop or control				
worrying				
C_HS_2_CONSTANT_WORRYING				

Worrying too much about	
different things	
C_HS_3_EXCESSIVE_WORRYING	
Trouble relaxing	
C_HS_4_TROUBLE_RELAXING	
Being so restless that it's hard to	
sit still C_HS_5_TOO_RESTLESS	
Becoming easily annoyed or	
irritable	
C_HS_6_EASILY_ANNOYED	
Feeling afraid as if something	
awful might happen	
C_HS_7_FEELING_AFRAID	

# PIO2. [IF YES TO ANY ABOVE] If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? C\_HS\_8\_IMPACT\_ANXIOUS

0 Not difficult at all

1 Somewhat difficult

2 Very difficult

3 Extremely difficult

### PI03. Since March 2020, how often have you been bothered by the following problems?

	0 Not at all	1 Several	2 More than	3 Nearly
		Days	half of the days	every day
Little interest or pleasure in				
doing things				
C_HS_1_LITTLE_INTEREST				
Feeling down, depressed or				
hopeless				
C_HS_2_FEELING_DEPRESSED				
Trouble falling or staying asleep,				
or sleeping too much				
C_HS_3_SLEEPING_PROB				
Feeling tired or having little				
energy C_HS_4_FEELING_TIRED				
Poor appetite or overeating				
C_HS_5_EATING_PROB				
Feeling bad about yourself – or				
that you are a failure or have let				
yourself or your family down				
C_HS_6_SELF_CONF_PROB				

Trouble concentrating on things, such as reading the newspaper or watching television C_HS_7_CONCENTRATE_PROB	
Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual C_HS_8_SLOW_FAST_PROB	

PIO4. [IF YES TO ANY ABOVE] If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people? C\_HS\_9\_IMPACT\_DEPRESSIVE

0 Not difficult at all

1 Somewhat difficult

2 Very difficult

3 Extremely difficult

PI05. We would like you to compare your mental and emotional health before March 2020 to now.

	Excellent	Very Good	Good	Fair	Poor
In general, would you say your current mental/emotional health is: C_HS_EH_CURRENT					
		Better	About the Same		Worse
Your current mental/emotional health compared to before March 2020: C_HS_MH_CURRENT	now				

PI06. Stressful situations have the potential to affect the relationships around you. We understand that many things may have changed in your life due to the impact of COVID-19. In the next set of questions, we are interested in how your relationships have changed since March 2020.

My relationship with:	N/A	Has become closer than before the pandemic	Is about the same as before the pandemic	Is more distant or strained than before the pandemic
Intimate partner C_HS_PARTNER_RELATIONSHIP				

Other family members (excluding				
intimate partner)				
C_HS_FAM_RELATIONSHIP				
Friends				
C_HS_FRIENDS_RELATIONSHIP				
Neighbours				
C_HS_NEIGH_RELATIONSHIP				
People you don't know but are in your				
community				
C_HS_COM_RELATIONSHIP				
Work colleagues				
C_HS_WORK_RELATIONSHIP				
	-	•	•	·

C HS WORK COLLEAGUE

**PI07. Since March 2020, have you accessed mental health services? Select all that apply** 0 No **C\_HS\_MH\_SERV\_EVER\_NO** 

1 Yes - using resources that I already had in place C\_HS\_MH\_SERV\_EVER\_USE

2 Yes – I have initiated new use of services C\_HS\_MH\_SERV\_EVER\_NEW

8 Prefer not to answer C\_HS\_MH\_SERV\_EVER\_PNA

9 Don't know C\_HS\_MH\_SERV\_EVER\_DK

PI08. [IF YES – 1,2] Did you access mental health services for any of the following conditions? (Select all that apply) 1 Anxiety C\_HS\_MH\_SERV\_ANXIETY

2 Depression C\_HS\_MH\_SERV\_DEPRESSION

3 Stress C\_HS\_MH\_SERV\_STRESS

Other – please specify: \_\_\_\_\_ C\_HS\_MH\_SERV\_OTHER & C\_HS\_MH\_SERV\_OTSP

8 Prefer not to answer C\_HS\_MH\_SERV\_PNA

9 Don't know C\_HS\_MH\_SERV\_DK

## PI09. Since March 2020, has anyone in your household accessed mental health services? Select all that apply

#### 0 No C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_NO

1 Yes - using resources that they already had in place C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_USE

2 Yes – they have initiated new use of services **C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_NEW** 

3 Not applicable – I live alone C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_NA

8 Prefer not to say C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_PNA

9 Don't know C\_HS\_MH\_SERV\_HOUSEHOLD\_EVER\_DK

#### SOCIAL & ECONOMIC IMPACT

The March, 2020 declaration of a global pandemic has devastated local communities and economies and many people have had their livelihoods affected. With this next set of questions, we want to understand how your family's ability to meet its essential needs and financial obligations have been impacted, and ask whether your family has given or received support in your community. SI01. Prior to March 2020, what was your employment status? Full time means 30 hours or more per week. Part time means less than 30 hours per week. Select all that apply.

1 Full-time employed / self-employed C\_WRK\_STATUS\_FT

2 Part-time employed / self-employed C\_WRK\_STATUS\_PT

3 Retired C\_WRK\_STATUS\_RETIRED

4 Looking after home and/or family C\_WRK\_STATUS\_CARE

5 Unable to work because of sickness or disability C\_WRK\_STATUS\_SICK

6 Unemployed C\_WRK\_STATUS\_UNEMPLOYED

7 Doing unpaid or voluntary work C\_WRK\_STATUS\_VOLUNTARY

8 Student C\_WRK\_STATUS\_STUDENT

88 Prefer not to answer C\_WRK\_STATUS\_PNA

SIO2. [IF YES to all except 88] Has anything about your employment changed because of the pandemic (e.g. working from home)? C\_WRK\_STATUS\_CHANGED 0 No 1 Yes

SI03. [IF YES] What has changed about your employment? Select all that apply. 1 Nature of work has changed C\_WRK\_STATUS\_CHANGED\_SPEC\_1 2 External workplace has changed C\_WRK\_STATUS\_CHANGED\_SPEC\_2 3 Work from home C\_WRK\_STATUS\_CHANGED\_SPEC\_3 4 Reduced wages/ hours C\_WRK\_STATUS\_CHANGED\_SPEC\_4 5 Loss of employment C\_WRK\_STATUS\_CHANGED\_SPEC\_5 6 Redeployed into healthcare for pandemic response C\_WRK\_STATUS\_CHANGED\_SPEC\_6 7 Redeployed into other essential services for pandemic response C\_WRK\_STATUS\_CHANGED\_SPEC\_7 8 Other – please specify:\_\_\_\_\_C\_WRK\_STATUS\_CHANGED\_SPEC\_8 & C\_WRK\_STATUS\_CHANGED\_SPEC\_OTSP 88 Prefer not to answer C\_WRK\_STATUS\_CHANGED\_SPEC\_9

SI05. Prior to the pandemic, what was your approximate total household income (from all sources) before taxes last year? Please include the total income including salaries, pensions and allowances. C\_SDC\_INCOME

1 Less than \$10,000 2 \$10,000 - \$24,999 3 \$25,000 - \$49,999 4 \$50,000 - \$74,999 5 \$75,000 - \$99,999 6 \$100,000 - \$149,999 7 \$150,000 - \$199,999 8 \$200,000 or more 88 Prefer not to answer 99 Don't know SI06. Has your monthly household income been changed because of the COVID-19 pandemic? C\_SDC\_INCOME\_CHANGED

- 1 Substantially decreased
- 2 Somewhat decreased
- 3 No change
- 4 Somewhat increased
- 5 Substantially increased

#### SI07. Have your household savings been changed because of the COVID-19 pandemic?

#### C\_SDC\_SAVING\_CHANGED

- 1 Substantially decreased 2 Somewhat decreased
- 3 No change
- 4 Somewhat increased
- 5 Substantially increased

SI08. Which of the following best describes the impact of COVID-19 on your ability to meet financial obligations or essential needs, such as rent or mortgage payments, utilities and groceries? C\_SDC\_FINANCE\_DIFFICULTY

- 1 Major impact
- 2 Moderate impact
- 3 Minor impact
- 4 No impact
- 5 Too soon to tell

SIO9. Since March 2020, has anyone in your household ever received food from a food bank, soup kitchen or other charitable agency? C\_SDC\_CHARITY\_EVER 1 Yes 0 No 8 Prefer not to answer 9 Don't know

SI10. [IF YES] How many times? \_\_\_\_\_ C\_SDC\_CHARITY\_NB

SI11. On a scale of 1 to 7, please indicate how much you worry about having enough money to do what is important for you/your family: C\_SDC\_INCOME\_WORRIED Rarely/never (1) --- Always (7)

### SI12. On a scale of 1 to 7, please indicate if you have the financial resources you need to meet you/your family's needs: C\_SDC\_INCOME\_NEED Rarely/never (1) --- Always (7)

We'd like to ask you about giving and receiving support during the pandemic.

SI13. Since March 2020, have you provided help, aid or support to others (friends, family, neighbours, community/volunteer organization, colleagues) because of the pandemic? C\_SUP\_PROVIDED\_EVER

1 Yes 0 No

9 Don't know

	an that appr	· ·				[]
					Practical support	Material
	Emotional/				(e.g. housing,	goods/donati
	psychological	Financial	Medical	Information	childcare, clean-	ons (e.g.
	psychological				up, food	furniture,
					delivery)	clothing)
Fam						
ily						
(spo						
use,						
pare						
nt,						
othe						
r	C_SUP_PR	C_SUP_PROV	C_SUP_PR	C_SUP_PRO	C_SUP_PROVI	C_SUP_PR
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ives)	AM_PSY	INANCE	M_MED	M_INFO	ACTICAL	M_DON
Frie						
nd(s						
)/	C_SUP_PR	C_SUP_PROV	C_SUP_PR	C_SUP_PRO	C_SUP_PROVI	C_SUP_PR
Neig						
hbo	OVIDED_F	IDED_FRIEN	OVIDED_FR	VIDED_FRIE	DED_FRIEND_	OVIDED_FR
ur(s)	RIEND_PSY	D_FINANCE	IEND_MED	ND_INFO	PRACTICAL	IEND_DON
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er	C_SUP_PR	C_SUP_PROV	C SUP PR	C SUP PRO	C SUP PROVI	C_SUP_PR
orga						
niza	OVIDED_C	IDED_COM_F	OVIDED_C	VIDED_CO	DED_COM_P	OVIDED_C
tion	OM_PSY	INANCE	OM_MED	M_INFO	RACTICAL	OM_DON
Coll	C_SUP_PR	C_SUP_PROV	C_SUP_PR	C_SUP_PRO	C_SUP_PROVI	C_SUP_PR
eag	OVIDED_C	IDED COL FI	OVIDED C	VIDED COL	DED COL PR	OVIDED C
ues	OL PSY	NANCE	OL MED	INFO	ACTICAL	OL DON
		MANUL			ACTICAL	

### SI14. [IF YES] What kind of help, aid or support did you provide and for whom? (Select all that apply)

SI15. Since March 2020, have you looked for help, aid or support (including from friends, family, community or government) because of the pandemic?

C\_SUP\_LOOKED\_FOR\_HELP\_EVER

- 1 Yes
- 0 No

9 Don't know

SI16. Since March 2020, have you received help, aid, information or support (including from friends, family, community or government) because of the pandemic?

C\_SUP\_RECEIVED\_EVER

1 Yes

0 No

9 Don't know

### SI17. [IF YES] what kind of help, aid or support did you receive and from whom? (Check all that apply)

	Emotional/ psychological	Financial	Medical	Information	Practical support (e.g. housing, childcare, clean- up, food delivery)	Material goods/donati ons (e.g. furniture, clothing)
Famil Y (spou se, paren t, other rolati	C_SUP_RE CEIVED_FA	C_SUP_RECE IVED_FAM_F	C_SUP_REC EIVED_FA	C_SUP_REC EIVED_FA	C_SUP_RECEI VED_FAM_PR	C_SUP_REC EIVED_FA
relati ves)	M_PSY	INANCE	M_MED	M INFO	ACTICAL	M_DON
Frien d(s)/ Neigh bour( s)	C_SUP_RE CEIVED_FR IEND_PSY	C_SUP_RECE IVED_FRIEN D_FINANCE	C_SUP_REC EIVED_FRIE ND_MED	C_SUP_REC EIVED_FRIE ND_INFO	C_SUP_RECEI VED_FRIEND_ PRACTICAL	C_SUP_REC EIVED_FRIE ND_DON
Com munit y/ volun teer organ izatio n	C_SUP_RE CEIVED_C OM_PSY	C_SUP_RECE IVED_COM_ FINANCE	C_SUP_REC EIVED_CO M MED	C_SUP_REC EIVED_CO M_INFO	C_SUP_RECEI VED_COM_P RACTICAL	C_SUP_REC EIVED_CO M_DON
Collea gues	C_SUP_RE CEIVED_C OL_PSY	C_SUP_RECE IVED_COL_FI NANCE	C_SUP_REC EIVED_COL _MED	C_SUP_REC EIVED_COL _INFO	C_SUP_RECEI VED_COL_PR ACTICAL	C_SUP_REC EIVED_COL _DON
Profe ssiona l (doct or,						
lawye r, teach er,	C_SUP_RE CEIVED_PR O_PSY	C_SUP_RECE IVED_PRO_F INANCE	C_SUP_REC EIVED_PRO _MED	C_SUP_REC EIVED_PRO _INFO	C_SUP_RECEI VED_PRO_PR ACTICAL	C_SUP_REC EIVED_PRO _DON

	Emotional/ psychological	Financial	Medical	Information	Practical support (e.g. housing, childcare, clean- up, food delivery)	Material goods/donati ons (e.g. furniture, clothing)
couns ellor, spirit ual leade r, financ ial advis						
or) Gener al media (TV, intern et, social media	C_SUP_RE CEIVED_M EDIA_PSY	C_SUP_RECE IVED_MEDIA FINANCE	C_SUP_REC EIVED_ME DIA_MED	C_SUP_REC EIVED_ME DIA INFO	C_SUP_RECEI VED_MEDIA_ PRACTICAL	C_SUP_REC EIVED_ME DIA DON
Provi ncial or Feder al Healt h autho rities (e.g. help/i nform ation phon e lines, websi tes, social media	C_SUP_RE CEIVED_A	C_SUP_RECE	C_SUP_REC EIVED_AUT	C_SUP_REC EIVED_AUT	C_SUP_RECEI VED_AUTH_P	C_SUP_REC EIVED_AUT
) Gover nmen t (finan cial suppo	UTH_PSY C_SUP_RE CEIVED_G OV_PSY	FINANCE C_SUP_RECE IVED_GOV_F INANCE	H_MED C_SUP_REC EIVED_GO V_MED	H_INFO C_SUP_REC EIVED_GOV _INFO	RACTICAL C_SUP_RECEI VED_GOV_PR ACTICAL	H_DON C_SUP_REC EIVED_GO V_DON

	Emotional/ psychological	Financial	Medical	Information	Practical support (e.g. housing, childcare, clean- up, food delivery)	Material goods/donati ons (e.g. furniture, clothing)
rt,						
financ ial						
relief,						
resou						
rces)						

#### **ANTHROPOMETRICS**

Not only does our height and weight change as we age, the COVID-19 pandemic may have caused changes in your eating and activity habits. Please tell us your current height and weight, following the measurement instructions provided.

#### AM01. How tall are you?

Please answer the question using feet and inches or centimeters. Feet\_\_\_\_C\_PM\_HEIGHT\_FT & Inches \_\_\_\_C\_PM\_HEIGHT\_IN Centimetres\_\_\_\_C\_PM\_HEIGHT\_CM 8 Prefer not to answer C\_PM\_HEIGHT\_CA 9 Don't know C\_PM\_HEIGHT\_CA

#### AM02. How much do you weigh?

Adjust your scale to zero; Weigh yourself with your clothes off, or wear light clothing. Remember to remove your shoes. Step on the scale. Make sure both feet are fully on the scale. Record your weight in pounds or kilograms. Pounds\_\_\_\_\_C\_PM\_WEIGHT\_LB Kilograms\_\_\_\_\_C\_PM\_WEIGHT\_KG 8 Prefer not to answer C\_PM\_WEIGHT\_CA 9 Don't know C\_PM\_WEIGHT\_CA

#### **ATP ADDITIONAL QUESTIONS - OPTIONAL FOR PARTICIPANTS**

COVID-19 has prompted us to revisit some of our activities of daily living, and to find ways to cope during store closures, working from home, and physical distancing. We are interested in activities you have been able to enjoy more since COVID-19. (Select ALL that apply) 1 Domestic activities (e.g., cooking, cleaning, de-cluttering) C\_ATP\_ACT\_ENJOY\_DOM 2 Household projects (e.g., renovations, gardening) C\_ATP\_ACT\_ENJOY\_PROJ 3 New or re-kindled hobbies (e.g., arts and crafts, reading books, writing, blogging) C\_ATP\_ACT\_ENJOY\_HOBBY

4 Spending more time with family or housemates doing activities (e.g. playing board games)
C\_ATP\_ACT\_ENJOY\_FAMILY
5 Educational activities (e.g. online language course) C\_ATP\_ACT\_ENJOY\_EDU

6 Physical fitness or self-care (e.g., yoga, running, strength training, meditation) C\_ATP\_ACT\_ENJOY\_FITNESS 7 Connecting with friends and family (e.g. using video or phone calls) C\_ATP\_ACT\_ENJOY\_CONNECT

8 Other – (text box) C\_ATP\_ACT\_ENJOY\_OTHER & C\_ATP\_ACT\_ENJOY\_O\_OTSP 0 None C\_ATP\_ACT\_ENJOY\_NONE

We'd like to ask you a few more questions about your health and diet/nutrition and physical activity habits.

In general, would you say your health is: C\_ATP\_GEN\_HEALTH

Excellent Very good Good Fair Poor

For the next five questions, please indicate which statements best describe your own state of health today by selecting one option in each group.

#### Mobility C\_ATP\_EQ\_MOBILITY

I have no problems in walking about
I have slight problems in walking about
I have moderate problems in walking about
I have severe problems in walking about
I am unable to walk about

#### Self-Care C\_ATP\_EQ\_SELFCARE

I have no problems washing or dressing myself I have slight problems washing or dressing myself I have moderate problems washing or dressing myself I have severe problems washing or dressing myself I am unable to wash or dress myself

#### Usual activities (e.g. work, study, housework, family or leisure activities) C\_ATP\_EQ\_ACTIVITY

I have no problems doing my usual activities

I have slight problems doing my usual activities

I have moderate problems doing my usual activities

I have severe problems doing my usual activities

I am unable to do my usual activities

#### Pain/discomfort C\_ATP\_EQ\_PAIN

I have no pain or discomfort
I have slight pain or discomfort
I have moderate pain or discomfort
I have severe pain or discomfort
I have extreme pain or discomfort

#### Anxiety/depression C\_ATP\_EQ\_ANXIETY

I am not anxious or depressed I am slightly anxious or depressed I am moderately anxious or depressed I am severely anxious or depressed I am extremely anxious or depressed

We would like to know how good or bad your health is TODAY.

This scale is numbered from 0 to 100.

100 means the best health you can imagine.0 means the worst health you can imagine.

Please click on the scale to indicate how your health is TODAY. C\_ATP\_EQ\_HEALTH\_TODAY

The b	est health
you ca	an imagine
100	T
90	
80	1
70	-
60	in the second se
50	
40	-
30	-
20	
10	1
0	<u> </u>
The w	erst health an imagine

We are interested in how your diet/nutrition habits may have changed since March 2020 (the start of the provincial public health emergency). For the next few questions, please compare your current behaviours to your previous behaviours (before March 2020) when responding.

#### **Food sources**

A lot less (1)	A little less (2)		A little more (4)	A lot more (5)	Not applicable
		same (3)			(6)

Preparing and/or cooking			
meals at home			
C_ATP_MEALS_HOME			
Baking at home			
C_ATP_BAKING			
Meal planning			
C_ATP_MEAL_PLANNING			
Budgeting for food or			
food shopping more			
carefully			
C_ATP_BUDGETTING			
Visiting the grocery store			
C_ATP_GROCERY			
Using grocery or			
food/meal delivery			
services (e.g., Hello			
Fresh, GoodFood, etc.)			
C_ATP_DELIVERY			

#### Eating patterns/habits

	A lot less (1)	A little less (2)	About the same (3)	A little more (4)	A lot more (5)	Not applicable (6)
Eating restaurant food						
(please consider						
restaurant food overall,						
including dining in						
takeout and delivery)						
C_ATP_RESTAURANT						
Snacking						
C_ATP_SNACKING						
Reaching for 'comfort'						
foods						
C_ATP_COMFORT_FOOD						
Skipping meals						
C_ATP_SKIPPING						
Thinking about or being						
pre-occupied with food						
C_ATP_THINKING_FOOD						
Having food go to waste						
C_ATP_WASTE_FOOD						

Eating alone C_ATP_EAT_ALONE			
Eating with others (including family) C_ATP_EAT_OTHERS			

#### Types of foods

	A lot less (1)	A little less (2)	About the same (3)	A little more (4)	A lot more (5)	Not applicable (6)
Eating fresh fruit and vegetables <b>C_ATP_FRESH</b>			(3)			
Eating frozen/canned fruit and vegetables C_ATP_FROZEN_CANNED						
Eating brown rice, whole grain pasta or bread, oats, barley and other whole grains C_ATP_WHOLE_GRAIN						
Eating meat, poultry, fish, dairy and other animal proteins C_ATP_ANIMAL_PROTEIN						
Eating nuts, beans, peas, lentils, tofu/soy products and other plant proteins C_ATP_PLANT_PROTEIN						
Eating packaged or prepared foods C_ATP_PACKAGED						

Which of the following statements best describes the food eaten in your household in the past 12 months, that is since MM of last year? **C\_ATP\_FOOD\_SECURITY** 

1 You and other household members always had enough of the kinds of foods you wanted to eat.

2 You and other household members had enough to eat but not always the kinds of foods you wanted.

- 3 Sometimes you and other household members did not have enough to eat.
- 4 Often you and other household members didn't have enough to eat.
- 5 Prefer not to answer
- 6 Don't know

We are interested in how your physical activity habits may have changed since March 2020 (the start of the provincial public health emergency). For the next few questions, please compare your current behaviours to your previous behaviours (before March 2020) when responding.

#### Walking

	A lot less (1)	A little less (2)	About the same (3)	A little more (4)	A lot more (5)	Not applicable (6)
Walk in my neighbourhood alone C_ATP_WALK_ALONE						
Walk in my neighbourhood with family members C_ATP_WALK_FAMILY						
Walk to a store, café, or shop C_ATP_WALK_STORE						
Walk to work C_ATP_WALK_WORK						

#### **Locations of Activities**

	A lot less (1)	A little less (2)	About the same (3)	A little more (4)	A lot more (5)	Not applicable (6)
Be physically active inside my home						
C_ATP_ACTIVE_HOME						
Be physically active in a facility						
outside my home						
C_ATP_ACTIVE_FACILITY						
Be physically active outdoors alone						
C_ATP_ACTIVE_OUTDOOR_ALONE						
Be physically active outdoors with						
family members						
C_ATP_ACTIVE_OUTDOOR_FAMILY						

Drive in motor vehicle (in your vehicle or with someone else)			
Spend time outdoors			
C_ATP_OUTDOOR_TIME			
Visit parks C_ATP_VISIT_PARK			
Use pathways C_ATP_PATHWAY			

#### **Types of Activities**

	A lot	A little	About	A little	A lot	Not
	less (1)	less (2)	the	more (4)	more (5)	applicable
			same (3)			(6)
Use online workout videos						
C_ATP_ONLINE_WORKOUT						
Do cardio-based activity						
C_ATP_CARDIO						
Do weight training or						
bodyweight based activity						
C_ATP_WEIGHT_TRAINING						
Watch television C_ATP_TV						
Use screen-based devices						
(smart phone, computers,						
etc not television)						
C_ATP_SCREEN_BASED						
Play video games						
C_ATP_VIDEO_GAMES						
Interact with your						
neighbour face to face						
C_ATP_NEIGHBOUR						
Talk to others in your						
neighbourhood face to face						
(at a park, on a sidewalk or						
pathway)						
C_ATP_NEIGHBOURHOOD						

Do you have pets in your household? (Select all that apply)

1 Yes - dog(s) C\_ATP\_PETS\_DOG 2 Yes - cat(s) C\_ATP\_PETS\_CAT 3 Yes - bird(s) C\_ATP\_PETS\_BIRD 4 Yes - other(s) C\_ATP\_PETS\_OTHER 0 No C\_ATP\_PETS\_NO 9 Don't know C\_ATP\_PETS\_DK

# We are interested in how people are staying up to date and learning about COVID-19. Which are the main sources you have used for information on COVID-19? (Select all that apply)

1 News outlets including local, national and international sources C\_ATP\_SRC\_NEWS

2 Provincial daily announcements by public health and political leaders (e.g. Dr. Deena Hinshaw, Alberta Chief Medical Officer of Health) C\_ATP\_SRC\_PROV\_ANNOUNCEMENT

3 Federal daily announcements by public health and political leaders (e.g. Dr. Theresa Tam, Chief Public Health Officer) C\_ATP\_SRC\_FED\_ANNOUNCEMENT

4 Municipal health agency (e.g. website, public service announcements)

#### C\_ATP\_SRC\_MUNICIPAL\_AGENCY

5 Provincial health agency (e.g. Alberta Health Services or Alberta Health website, public service announcements) **C\_ATP\_SRC\_PROVINCIAL\_AGENCY** 

6 Federal health agency (e.g. Public Health Agency of Canada website, public service announcements) **C\_ATP\_SRC\_FEDERAL\_AGENCY** 

7 Social media (e.g. Facebook, Instagram, Twitter, SnapChat, TikTok, YouTube)

#### C\_ATP\_SRC\_SOCIAL\_MEDIA

8 Family, friends or colleagues C\_ATP\_SRC\_FAM\_FRIENDS

9 Health professionals C\_ATP\_SRC\_HEALTH\_PROF

10 Schools, universities, colleges (e.g. email, website) C\_ATP\_SRC\_SCHOOLS

11 Place of employment C\_ATP\_SRC\_EMPLOYMENT

12 Other C\_ATP\_SRC\_OTHER

or

13 None of the above C\_ATP\_SRC\_NONE

[If any chosen except for Other or None; only show options they chose from the above question) How informative do you find this source? Here, informative refers to something that is useful, helpful and relevant. Please choose an option from 1 (not at all informative) to 5 (very informative).

	1 Not	2	3	4	5 Very
	at all				
News outlets C_ATP_INFO_NEWS					
Provincial daily announcements by					
public health and political leaders					
C_ATP_INFO_PROV_ANNOUNCEMENT					
Federal daily announcements by public					
health and political leaders					
C_ATP_INFO_FED_ANNOUNCEMENT					
Municipal health agency					
C_ATP_INFO_MUNICIPAL_AGENCY					
Provincial health agency					
C_ATP_INFO_PROVINCIAL_AGENCY					
Federal health agency					
C_ATP_INFO_FEDERAL_AGENCY					

Social media			
C_ATP_INFO_SOCIAL_MEDIA			
Family, friends or colleagues			
C_ATP_INFO_FAM_FRIENDS			
Health professionals			
C_ATP_INFO_HEALTH_PROF			
Schools, universities, colleges			
C_ATP_INFO_SCHOOLS			
Place of employment			
C_ATP_INFO_EMPLOYMENT			

### [If any chosen except for Other or None) Which source of information did you find the most helpful (choose one)? C\_ATP\_INFO\_MOST\_HELPFUL

(show options they chose from above and allow one choice)

Thank you for responding to our COVID-19 survey. The following is a list of questions to help us understand how well we did with this survey administration. Your feedback is valuable to us and will help us plan for future survey deliveries.

- 1. What drew you to complete this survey? (Select all that apply)
  - a. Because I am an ATP participant C\_ATP\_EV01\_PARTICIPANT
  - Because I would like to contribute to the understanding of COVID-19
     C\_ATP\_EV01\_CONTRIBUTE
  - c. Other (open text) C\_ATP\_EV01\_OTHER & C\_ATP\_EV01\_OTHER\_OTSP
- 2. How would you rate your experience completing this survey? C\_ATP\_EV02
  - a. Excellent did not encounter challenges
  - b. Good encountered minimal challenges
  - c. Neutral
  - d. Poor encountered some challenges
  - e. Very poor encountered many challenges

Why did you give this rating? (open text) C\_ATP\_EV02\_REASON

3. How would you rate the invitation asking you to participate in the COVID-19 survey?

#### C\_ATP\_EV03

- a. Excellent
- b. Good
- c. Neutral
- d. Poor
- e. Very poor

Why did you give this rating? (open text) C\_ATP\_EV03\_REASON

- 4. Did you feel the frequency of the survey reminder emails was appropriate? **C\_ATP\_EV04** 
  - a. Yes
  - b. No
- In your opinion, how can we continue to keep you engaged in future data collections? (open text) C\_ATP\_EV05

# This is the end of the questionnaire! Thank you for taking the time to complete this questionnaire!